



# MASCOT OVERNIGHT - 4 DAY

2018 CAMP SCHEDULE

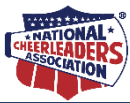
Time	Class	Notes
1:00 PM	Opening Rally	Meet your NCA Staff!!
1:15 PM	Material Demos	Band Dance, Camp Cheer and a Chant w/ 3-3-3 method
1:30 PM	Introductions	Campers/ Instructor(s)
2:00 PM	The R's of Being A Mascot	Rules, Regulation, and Respect!
2:15 PM	Character Definition	Getting to know your Character Inside & Out
3:00 PM	Pantomime Class	Movement Workshop
3:30 PM	Pantomime Evaluation Prep	Prepare for Night One Evaluation
4:00 PM	HoMe WoRk	Bring back all supplies, props and characters.
4:15 PM	Team Time / Coaches Reception	Intro to our camp theme! / Coaches meet w/ buddy
4:30 PM	<b>DINNER</b>	
5:30 PM	Practice Time with Coach	Optional practice time if needed
6:00 PM	Pantomime Evaluation	Evaluation #1
6:45 PM	Go over Evaluation feedback	Recieve ribbons and feedback!
7:00 PM	Skit Workshop Night One	Introduction Skit
8:00 PM	Dress Rehearsal	Mascots In Character
8:15 PM	Mascot Madness	Night One Performance
8:25 PM	Team Time	Team Building Activities
8:50 PM	Announcements	
8:55 PM	Spirit Sticks	Give to a Mascot exemplifying team spirit throughout the day
9:00 PM	Tally Ho	Camp Dismissed!
9:05 PM	Quick Change!	Don't leave your Mascot behind!

DAY 1

Time	Class	Notes
8:15 AM	Leaders in Training	Team Leaders attend additional leadership classes
8:30 AM	Team Time / Coaches' Meeting	Camp Starts / Coaches head to meeting location
8:40 AM	Cheerobics	Fun warm up to get the body moving and ready to go
8:50 AM	Ice Breaker	
9:00 AM	All About Game Day	Crowd Leading, Pep Rallys and MORE
10:00 AM	Prop Class/ Scavenger Hunt	
10:30 AM	Game Day Evaluation Prep	Game Day Eval- 2 Part Evaluation with Squad
11:15 AM	Afternoon Reminders	
11:30 AM	<b>LUNCH</b>	
12:30 PM	Practice Time with Coach	Optional practice time if needed
1:00 PM	Custom Coaching #1	1 <sup>st</sup> Eval on Cheer (with entrance) & Chant w/ Buddy
1:30 PM	Custom Coaching #2	1 <sup>st</sup> Eval on Cheer (with entrance) & Chant w/ Buddy
2:00 PM	Custom Coaching #3	1 <sup>st</sup> Eval on Cheer (with entrance) & Chant w/ Buddy
2:30 PM	Skit Workshop Night Two	Tell a Story Skit!
3:30 PM	Mascot Custom Coaching	Buddy Help W/ Game Day Evaluation
4:30 PM	<b>DINNER</b>	
5:30 PM	Practice Time with Coach	Optional practice time if needed
6:00 PM	Custom Coaching #3	Buddy Swap - Work on anything *
6:20 PM	Custom Coaching #1	Buddy Swap - Work on anything *
6:40 PM	Custom Coaching #2	Buddy Swap - Work on anything *
7:00 PM	Evaluation	Half- Time Skit & Game Day Evaluation W/ Squad
8:00 PM	Dress Rehearsal	Story Skit!
8:30 PM	Mascot Madness/ Spirit Sticks	Give to a Mascot exemplifying team spirit throughout the day
9:00 PM	Tally Ho	Camp Dismissed! Remember, tomorrow is FUN DAY!!

DAY 2

\* Opportunity for home fight song and additional material feedback.



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8:15 AM	Leaders in Training	Team Leaders attend additional leadership classes
8:30 AM	Team Time / Coaches' Meeting	Camp Starts / Coaches head to meeting location
8:50 AM	Review - Band Chant	Review Band Chant for Custom Coaching
9:05 AM	Cheerobics	Fun Day warm up to get the body moving & ready to go
9:20 AM	Lights! Camera! Mascots!	Working with Children and Media
9:40 AM	Special Appearances/ FW Evaluation	
10:40 AM	Mascot Action Plan	
11:00 AM	All-American Mascot	
11:30 AM	<b>LUNCH</b>	AA Nomination finalized by Lunch
12:30 PM	Practice Time with Coach	Optional practice time if needed
1:00 PM	Custom Coaching #2	1 <sup>st</sup> Eval on Band Chant w/ NCA Buddy
1:30 PM	Custom Coaching #3	1 <sup>st</sup> Eval on Band Chant w/ NCA Buddy
2:00 PM	Custom Coaching #1	1 <sup>st</sup> Eval on Band Chant w/ NCA Buddy
2:30 PM	Senior Skit Prep	
3:30 PM	All American Mascot Prep/ Prepare Final Day Skit	
4:30 PM	<b>DINNER</b>	
5:30 PM	Practice Time with Coach	Optional practice time if needed
6:00 PM	All American Mascot Group A	
6:20 PM	All American Mascot Group B	
6:40 PM	All American Mascot Group C	
7:00 PM	Final Evaluation w/ Squad	
8:00 PM	Dress Rehearsal- Senior Skit	
8:15 PM	Spirit Sticks	
8:30 PM	Senior Skit/ Team Time	Shower of Praise
9:00 PM	Tally Ho	Camp Dismissed! Have a great night!

FUN DAY 3

Time	Class	Notes
8:30 AM	Coaches' Meeting	
	Last Day Q&A w/buddy	
8:45 AM	Final Day Mascot Madness	Rehearse Final Mascot Madness
9:45 AM	Final Day Competition Warm-Up	Mascots are allowed to compete w/ team in final comps
	<b>Final Day Competitions</b>	Each team can compete in up to 2 categories
9:50 AM	Top Team Chant	No Entrance, as taught, 3-3-3, Allow levels and ripples
10:10 AM	Top Team Band Chant	Crowd effective & practical. No Stunts or Tumbling
10:40 AM	Top Team Cheer	Showcasing team skills and crowd leading abilities
11:10 AM	Final Mascot Madness Dress Rehearsal	
11:25 AM	Final Mascot Madness & Mascot Awards Presentation	
11:40 AM	Spirit Sticks	Take it home with you, if you earn one on the final day!
11:45 AM	Closing	Final thoughts and message to camp
12:00 PM	Tally Ho	Camp Dismissed!! Travel safe!

DAY 4

NOTES:

\* Opportunity for home fight song and additional material feedback.