



COLLEGE COMMUTER

2 DAY

HI:

Contact:

Schedule Subject to Change

DAY 1

8:30AM - 9:30AM REGISTRATION

- 8:30 Camp Registration & Check-in
- 10:00 Opening & Warm-up
- 10:15 Game Day Cheers and Chants
Coaches Session:
College Nationals Meeting
- 11:00 Partner Stunt Class
- 12:15 Lunch - Practice Game Day
- 1:45 Basket Toss Class & Girls Dance
- 2:45 Pyramid Class
- 4:00 Custom Coaching - Game Day
- 5:00 Rally Routine
- 6:00 Awards

DAY 2

- 9:00 Warm-up
NCA Primetime Sign-up
Coach's Camp Assessment
- 9:15 Partner Stunt Class
- 10:45 NCA Primetime w/ Staff
- 12:15 Lunch – Practice
- 1:45 Pyramid Class
- 2:45 Custom Coaching
- 3:15 Game Day Evaluation
- 3:30 Rally Routine Evaluation
- 3:45 Game Day Run-Off
- 4:00 Final Awards



THE WORK IS WORTH IT.®