



# COLLEGE HOME CAMP

# 3 DAY

HI:

Contact:

Schedule Subject to Change

DAY 1		DAY 2		DAY 3	
9AM - 12PM REGISTRATION		BREAKFAST		BREAKFAST	
11:30	Meet with Coach	9:00	Opening / Warm Up	9:00	Warm Up & Review
12:00	Opening / Warm Up	9:15	Game Day Cheers & Chants	9:30	Partner Stunts
12:15	Game Day Cheers & Chants	10:00	Partner Stunts	10:30	Custom Coaching Game Day & Rally Routine
1:00	Partner Stunts	11:30	Rally Routine	12:00 LUNCH	
2:30	Game Day Routine	12:00 LUNCH		1:00	Basket Tosses/Girls Dance
30 Minute Snack Break		1:30	Girls Dance	2:00	Pyramids
3:30	Basket Tosses	2:30	Pyramids	3:00	NCA Primetime
4:30	Pyramids	3:00	Custom Coaching Rally Routine	3:30	Game Day and Rally Routine Evaluations
5:30	Custom Coaching Game Day Routine	4:00	Dismiss	4:00	Dismiss
6:30	Dismiss				



**THE WORK IS WORTH IT.®**