

YOU'VE EARNED A BID, NOW WHAT?

SUMMER

- Receive your NFHS Squad Credential at a Varsity Spirit Summer Camp!
- Get started with fundraisers!
- Divide your total due by the number of months you will be fundraising and try to set goals for each month.
- Contact your State Director for great fundraising ideas. If you don't know your State Director, you can find them on nca.varsity.com.

BACK TO SCHOOL

- Contact Connections Housing to choose and book your hotel. Visit nca.varsity.com for our Stay To Play policy.
- Begin to look for music for your routine. Consult Varsity.com/music for helpful Music Guidelines. If you decide to hire a choreographer, your State Director can connect you with a choreographer perfect for your team's needs.
- Make sure your parents have the date, location and pricing of Nationals. Be sure to include transportation, hotel, food, etc.
- Set team goals. Come up with a list of attainable goals that your team can accomplish.

SEPTEMBER

- Keep fundraising!
- Continue to work on your routine. If you have a choreographer but have not learned the routine, continue to work on skills (jumps, stunts and tumbling, etc.).
- Start performing modified sections of your routine at pep rallies and during time outs.

OCTOBER

- **SAVE MONEY! REGISTER AND PAY YOUR DEPOSIT BY NOVEMBER 8TH!**
- Plan to complete your routine this month.
- Perform in front of a crowd as much as possible; a great place for this is an NCA competition. Contact your State Director for more information.
- If your team is only entered in a Performance Division, consider adding on Time Out Division routines. Step off the sidelines and into the spotlight!
- Finalize your travel arrangements.

NOVEMBER

- Reevaluate team goals and make the final decision on the skills you will perform in your routine.
- Remember to take advantage of NCA competitions in your area.
- Perform your routine full out at practice.

DECEMBER & JANUARY

- Have a parent meeting to go over expectations of athletes and parents during the competition.
- Plan a show-off to get more practice doing your routine in front of a crowd.
- Call local area schools also attending Nationals and perform for each other.
- Schedule a post-Nationals celebration party! Regardless of how your team places, competing at NCA Nationals is a big deal and you should be proud!

FOR MORE DETAILS AND REGISTRATION INFORMATION, VISIT:

NCA.VARSITY.COM